



Mobile Health Demonstration Reduces ER Visits, Hospital Stays By 58%

Written by Sabrina Rodak | December 08, 2011

A mobile health tool that provided real-time behavioral patient coaching and clinical decision support reduced diabetes patients' emergency room visits and hospital stays by 58 percent in one year, according to a WellDoc news release.

The results are from a demonstration program called DC HealthConnect, which was part of the Chronic Care Initiative sponsored by the D.C. Department of Health.

Under the program, type 2 diabetes Medicaid patients used the WellDoc DiabetesManager, a diabetes management application installed on their cell phones, for an average of 12 months. Compared to the previous year, their ER visits and hospital stays decreased by more than one half.