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INSTANT ANSWERS POSSIBLE FOR DIABETES PATIENTS

The WellDoc Diabetes Manager System has something new for those who suffer from diabetes— instant medical information or contact with their physician.

The smartphone app displays information that's based on up-to-the-minute blood-glucose data. For instance, if you have a blood-glucose reading of 83 (the normal blood-glucose range is low- to mid-100s), the app recommends what to eat and how to exercise to normalize your blood sugar.

Although many apps provide instant and similar pre-programmed information for users, the WellDoc system goes a step further by also allowing patients to connect with their doctors (if both the patient and doctor use the app). Both can instantly access the user's health data, and the doctor can provide advice via the app.

WellDoc, which received Food and Drug Administration approval last year, is expected to be available by summer. At press time, WellDoc CEO Ryan Sysko said he had yet to determine the app's price.

Sysko says patients' information is both encrypted and password-protected to safeguard data on smartphones and in information that's transmitted between the patient and doctor.

