

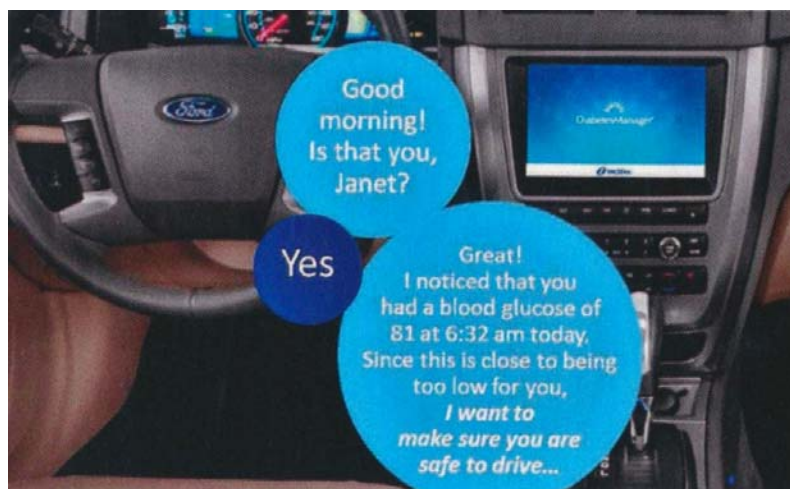
# diabetic

Take Charge, Enjoy Life!

# LIVING

Winter 2011

## WHAT TO KNOW



### TECHNOLOGY

## Car-Side Coach

The WellDoc DiabetesManager is a virtual physician coach for people with type 2 diabetes. Approved by the U.S. Food and Drug Administration (FDA), the system analyzes a person's blood glucose in real time and gives instant advice. It's offered now on some mobile devices and may soon be available in Ford cars via a voice-activated system. Preliminary results show people using the system for one year had an average decline in A1C of 1.9.