



Diabetes Patients Can Now Manage Their Disease Real-Time and On-the-Go

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According to the Centers for Disease Control and Prevention, nearly 26 million adults and children in the United States -- or 8.3 percent of the population -- have diabetes. Imagine if this sizeable group was able to more easily manage their diabetes while at work, at home, or on-the-go by using an easy-to-use self-management tool on their mobile device. What if they were able to receive real-time clinically based feedback and virtual coaching on effective lifestyle and medication adjustments? And what if the information they entered into their compatible device could be sent to healthcare professionals without having to visit a doctor's office?

That reality is here today thanks to AT&T's* launch of mHealth pilots underway with employees at:

AT&T – one of the nation's largest corporate payers of healthcare coverage, which covers more than 1.2 million employees and retirees and their dependents.

Health Care Service Corporation (HCSC) – the largest customer-owned health insurer in the U.S. and fourth largest overall, which operates Blue Cross and Blue Shield plans in Illinois, Texas, New Mexico and Oklahoma.

The AT&T mHealth Solutions presents DiabetesManager is an initiative between AT&T and WellDoc, the maker of DiabetesManager, one of the first mHealth solutions to receive clearance from the United States Food and Drug Administration for adults with Type 2 diabetes.

For up to six months, a select group of employees at each company will use the new solution to capture and analyze diabetes information such as blood sugar levels and carbohydrate intake and will receive real-time messages on what to do differently if levels are too high or too low. AT&T welcomes customers interested in negotiating agreements for use of the mHealth se

For more information, visit <http://www.bio-medicine.org/medicine-technology-1/Wireless-Technology-Now-Allows-Diabetes-Patients-to-Manage-Their-Disease-Real-Time-and-On-the-Go-18539-1/>