

AT&T mHealth, WellDoc unveil DiabetesManager

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AT&T mHealth Solutions and WellDoc have collaborated to launch the DiabetesManager. The DiabetesManager has received clearance from the United States Food and Drug Administration for adults with Type 2 diabetes. For up to six months, a select group of employees at each company will use the system to analyse diabetes information such as blood sugar levels and carbohydrate intake and will receive real-time messages on what to do if levels are too high or too low. The system assists health plans, disease management organisations and corporate payers provide diabetes patients with tools to enable them to manage their disease. The mHealth enterprise system combines the DiabetesManager application and feedback engine with AT&T's hosting environment, support and customer care designed to enable AT&T and its customers to comply with applicable HIPAA requirements. A patient can enter their blood glucose readings, medication information, and other lifestyle information into DiabetesManager, which through the use of a clinical analytics engine provides feedback on the patient's data. This way, the patient can take action to manage their disease. This patient information is also made available to nurses, case workers and doctors who can review the information through a portal and provide communication to the patient, if needed, about what action he or she needs to take. AT&T has launched a mHealth system in a hosted environment to assist in keeping patient information secure. The system's infrastructure was subject to third party testing to enable it to meet the requirements of HIPAA's Security Rule. AT&T and HCSC plan to evaluate how the mHealth system can change and improve patient behaviour and the way in which caregivers interact with patients.